# Home Health Aide/Homemaker

Date Posted:	March 1, 2018
Department:	Public Health
Compensation:	\$15.20 per hour
Hours	Part Time, Intermittent
Deadline:	Friday, March 16, 2018 at 4:30pm

### **Job Summary:**

The Home Health Aide/Homemaker is responsible for providing health care services to people in their homes.

# **Essential Functions:**

#### 55% Health Care

- 1. Performs personal care, i.e. bathing, bedding, hair care, and other personal care as needed, under the supervision of the nurse.
- 2. Performs range of motion exercises, assists with ambulation and transfers with use of equipment or assisting devices i.e. walkers, wheel chairs, hospital beds, etc. under the supervision of the nurse.
- 3. Assists the patient with the activities of daily living including personal care, meal preparation, and light housekeeping activities.
- 4. Offers emotional support and promotes the patients alertness through conversation, reading, etc.
- 5. Performs clean dressing changes under the supervision of a nurse.
- 6. Encourages patient and/or family to become as independent as possible within medically determined limitations.
- 7. Reminds the patient with oral medication that can be self-administered to take medication.
- 8. Reports any changes in the patients' mental or physical condition and observations regarding the home situation to the nurse.
- 9. Requests the family to call the physician in the case of an emergency and if the family is not available the Home Health Aide must call the nurse for instructions.
- 10. Completes reports and records relative to his/her services.

# 40% Homemaking

- 11. Performs light housekeeping services.
- 12. Maintains a healthful, safe environment and/or as a part of an interim plan to maintain the family unit in the home.

#### 5% Miscellaneous

- 13. Participates in in-service programs for Home Health Aides and staff meetings.
- 14. Attends classes, seminars, etc to maintain certification.
- 15. Maintains CPR certification.
- 16. Attends case conferences for team staffing regarding clients they service.
- 17. Performs other related duties as directed.

### **Minimum Qualifications:**

- High School graduate or equivalent
- Complete a training and competency evaluation program approved by the State of Minnesota
- CPR Certification (Professional or Adult)
- Must be on the MN Nursing Assistant Registry
- Valid driver's license

### **Physical Demand:**

- 1. Frequent carrying of up to 24 pounds.
- 2. Occasional carrying of up to 50 pounds.
- 3. On rare occasions carrying of up to 100 pounds.
- 4. Frequent lifting of up to 24 pounds.
- 5. Occasional lifting of up to 50 pounds.
- 6. On rare occasions lifting of up to 100 pounds.
- 7. Continuous need for verbal communication and occasional need for written communication.
- 8. Continuous need for hearing normal conversation.
- 9. Continuous need to see with near acuity, far acuity and full field of vision.
- 10. Frequent to occasional need for bending, crawling, reaching above shoulder level, crouching, kneeling, pushing and pulling.
- 11. 90% of the time requires exposure to temperature changes and humidity as encountered by going indoors and outdoors and working in sometimes poorly ventilated private homes.
- 12. Occasionally works with detergents and other cleaning supplies.
- 13. Up to 90% of the time may have potential exposure to body fluids and other biological agents.
- 14. Frequent use of hands at all heights from ankle to overhead height.

# Benefits:

This position will receive the following benefits:

- Paid Time Off (PTO)
- Holiday Pay
- Pension
- Voluntary Retirement Plans

#### Salary

\$15.20 per hour. (Range 5, non-union position)

#### Pension

Minnesota Public Employee Retirement Association. Contribution rates are 6.5% by employee, 7.5% by employer.